



Coach

Role of the Coach

The coach can have a great influence on players, so first and foremost, you should lead by example and make sure that you're a positive role model. In addition, you'll find that there are many other 'hats' that you'll need to wear to be an effective coach. Some of the hats you may wear as coach include:

LEADER

A leader sets the vision, establishes goals and values while developing leaders within the team to inspire others.

COMMUNICATOR

Possess the ability to provide clear instructions and feedback, both verbally and visually as well as the ability to listen.

SPORTS TRAINER

Possess basic knowledge about conducting safe practices, injury prevention and the rehabilitation of injured players.

PHILOSOPHER

Consistently demonstrate a set of shared values, beliefs and principles that provide direction and a purpose.

RELATIONSHIPS

This relationship between coach and player is based on mutual trust and respect. Developing this relationship will allow for open and honest feedback.



TEACHER

Effectively impart information to individuals and ensure that football skills and team tactics are improved.

SELECTOR

Be involved in the planning of the selection process and the choosing of the best or most suitable team to represent the club.

MANAGER

The coach will assist others at the club to complement the underlying philosophy and objectives, as well as get the best out of staff.

SPOKESPERSON

Represent the club by promoting goodwill.

ON-GOING LEARNER

Seek to upgrade your knowledge of the game and the coaching process by seeking a mentor and pursuing learning material.