



**Jets**  
**Preseason Schedule**

**Head Coach - John Love**  
**0421 178 463**

<b>Activity</b>	<b>Date/Times</b>	<b>Venue</b>
<b>Strength Conditioning</b> Session 1	<b>10 Feb</b> Sat, 8:45am (after park run)	Yerrabi Pond, Wunderlerlich St. Gungahlin
<b>Strength Conditioning</b> Session 2	<b>10 Feb</b> Sat, 8:45am (after park run)	Yerrabi Pond, Wunderlerlich St. Gungahlin
<b>Club Meet and Great Function</b>	<b>16 Feb</b> Fri, 6:30pm	Gungahlin Lakes
<b>Football Camp</b> (inc Seniors, Women's, RS)	<b>24 Feb to 25 Feb</b> Sat, 8:30am to 5pm Sun, 8:00am to 11:30am (Seniors only)	Based at Amaroo Oval.
<b>JLT – GWS Giants v Collingwood</b> - Team activity	<b>1 March</b> Thu, 6:30pm meet at East Gate. 7:10pm start.	Manuka Oval.
<b>Demons Intra Club Match –</b> 10-15 Jets	<b>2 March</b> - Fri, 6:00pm.	Aranda Oval (TBC)
<b>Intra Club Match</b> - Jets only	<b>8 March</b> - Thurs, 6:30am start	Amaroo Oval
<b>Strength Conditioning</b> Session 3	<b>10 March</b> Sat, 8:45am (after park run)	Yerrabi Pond, Wunderlerlich St. Gungahlin
<b>Practice Match</b> V Collingullie FC (With Demons)	<b>17 March</b> Saturday 12:00 start.	Wagga Wagga, venue TBC.
<b>SEASON LAUNCH</b> Jumper presentations – U18s, Senior Netball, Women & Men	<b>17 March</b> Saturday 7:00pm	Gungahlin Lakes
<b>Practice Match</b> V Barellan FC (Without Demons)	<b>25 March</b> Sunday, 10:45am start.	Gungahlin Enclosed Oval, Canberra
<b>Intra Club Match</b> Jets Only	<b>5 April</b> Thurs, 6:30pm start	Amaroo Oval
<b>Strength Conditioning</b> Session 4	<b>7 April</b> Sat, 8:45am (after park run)	Yerrabi Pond, Wunderlerlich St. Gungahlin
<b>Intra Club Match</b> Jets Only	<b>12 April</b> Thurs, 6:30pm start	Amaroo Oval
<b>Strength Conditioning</b> Session 5	<b>14 April</b> Sat, 8:45am (after park run)	Yerrabi Pond, Wunderlerlich St. Gungahlin
<b>ROUND 1 v TUGG</b>	<b>20 April</b> Fri, 6:30pm start	Gungahlin Enclosed Oval