

Based on the 2016 AFL Junior Match Policy / AFL Canberra By-Laws

| Phase  | Girls U'18<br>Competition                           |
|--|---|
| <b>REGULATIONS</b>   |   |
| Ground Size  | Full size   |
| Zones  | X   |
| # players on ground  | 14 – 18 a side                                      |
| Ball type  | Leather   |
| Ball size  | 4   |
| Quarter Lengths  | 17  |
| Break length ( $\frac{1}{4}$ - $\frac{1}{2}$ - $\frac{3}{4}$ ) | 4-8-4   |
| Scoring  | ✓   |
| <b>LAWS</b>  |   |
| Tackling   | ✓   |
| Bumping  | ✓   |
| Stealing the ball  | ✓   |
| Barging  | ✓   |
| Smothering   | ✓   |
| Fending off  | ✓   |
| Shepherding  | ✓   |
| Bouncing the ball  | Unlimited   |
| Kicking off the ground   | ✓   |
| Ball Ups   | ✓   |
| Throw-ins  | ✓   |
| Marking  | 10m, direct catch                                   |
| Distance penalty   | 25m   |
| Deliberate out of bounds                                       | ✓   |
| Deliberate rush behind   | ✓   |
| <b>UMPIRES &amp; COACHES</b>                                   |   |
| # field umpires  | League Appointed (min 1)<br>Or<br>CLUB (1 per side) |
| Boundary Umpires   | ✓   |
| Coaches  | Sideline  |

Coaches and umpires should always clarify with the opposition prior to the game starting, to ensure all parties have the same interpretation of the regulations and laws.